

The secret to a  
good night's sleep.





**We all sleep differently.**

F&P Vitera™ was designed with you in mind, to provide you with effective therapy and comfort throughout the night, every night.

Research shows that a comfortable mask fit can increase your chances of embracing CPAP therapy<sup>1</sup> therefore receiving the associated positive benefits.

So when choosing which mask to use, you should consider some of the following questions:

- Do I feel hot and overheat at night?

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- Do I have sensitive or fragile skin?

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- Do I move around a lot when I sleep?

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- When I sleep, do I breathe through my mouth or nose?

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- Do I have a preferred sleeping position?

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- Is the bridge of my nose sensitive?

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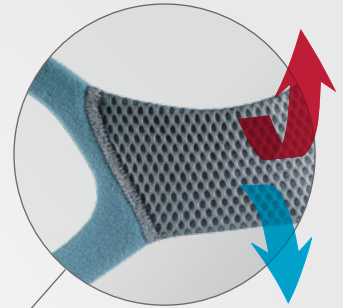


Choose F&P Vitera.



### Dynamic Support

Stability bar works in conjunction with cushion for effective therapy throughout the night, regardless of your sleeping position.



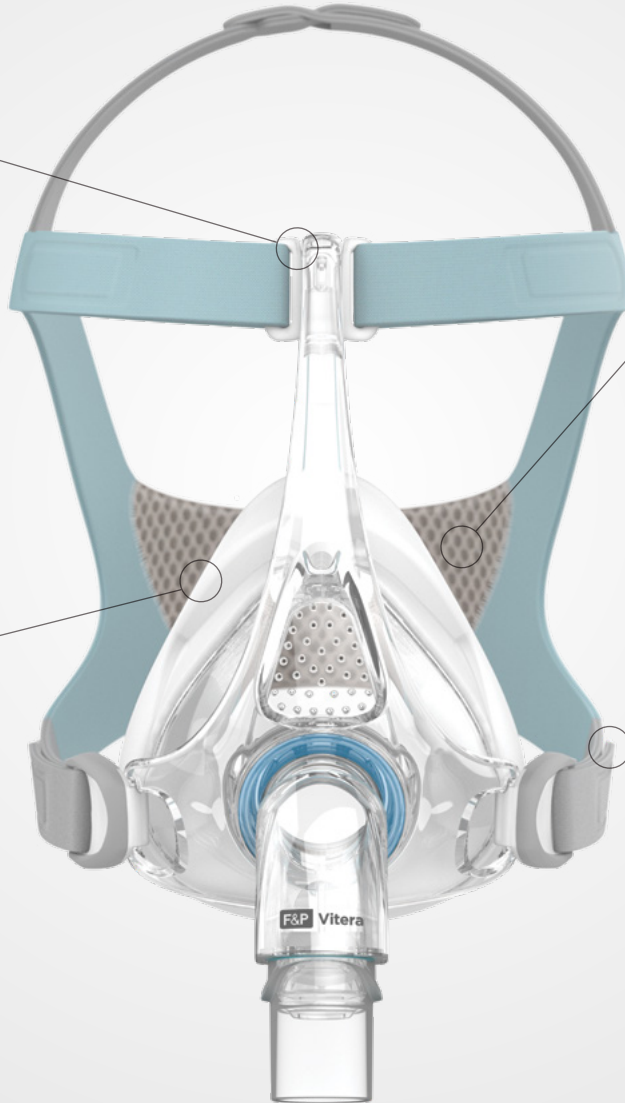
### Keep cool and comfortable

Breathable headgear designed to allow heat and moisture to dissipate.



### Freedom to move

The cushion adapts to your movements throughout night to minimize air leaking from the sides of the mask and into your eyes, and discomfort on the bridge of the nose. No contact under the nose means no painful irritation in this sensitive area.



### Gentle headgear with personalized fit

Adjustable headgear designed to help you find that comfortable fit. Keeps the mask securely in place while avoiding the sensitive cheekbone area.

## The secret to a good night's sleep.

With technologies designed with you in mind, F&P Vitera is a CPAP mask that seeks to provide you with effective therapy and comfort throughout the night for a good night's sleep.

# 93%

of people rated the F&P Vitera as equally or more stable than their usual mask.<sup>2</sup>

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# 90%

of people rated the F&P Vitera as equally or more comfortable on the face compared to their usual mask.<sup>3</sup>

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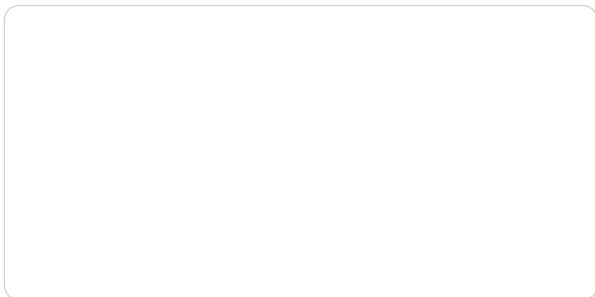
# 88%

of people could sleep in their preferred sleep position through the night.<sup>4</sup>

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Fisher & Paykel Healthcare has been making quality CPAP masks since 2001. Our masks are used by millions of patients around the world and are designed with the patient in mind. Our masks are carefully designed for comfort, effective sealing and ease of use.



1. Bachour A, Vitikainen P, Virkkula P et al. *Sleep Breath* 2013; 17: 667-672.
2. 38 out of 41 participants rated the mask as equally or more stable than their usual mask. Internal validation study conducted on 41 participants in USA 2017.
3. 37 out of 41 participants rated the mask as equally or more comfortable on the face compared to their usual mask. Internal validation study conducted on 41 participants in USA 2017.
4. 36 out of 41 participants found the mask stable enough so they could sleep in their preferred position throughout the night. Internal validation study conducted on 41 participants in USA 2017.

Prescription only. Use only as directed. Always follow the instructions for use. Your healthcare professional will advise you whether this product is suitable for you/your condition.

F&P and Vitera are trademarks of Fisher & Paykel Healthcare.  
For patent information, please see [www.fphcare.com/ip](http://www.fphcare.com/ip).

Find out more at  
[www.fphcare.com/vitera](http://www.fphcare.com/vitera)